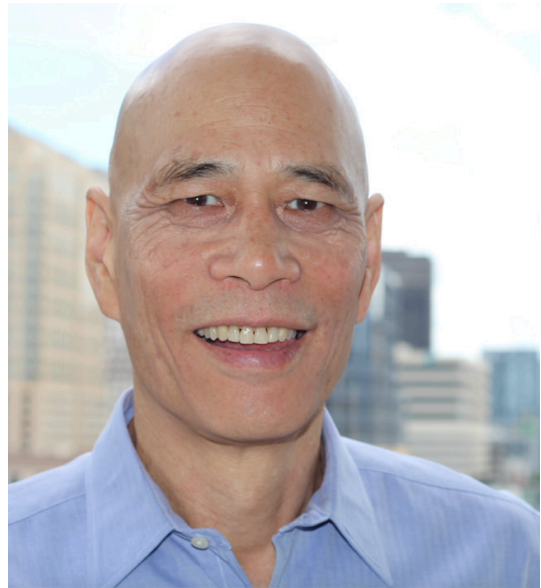


Kelvin Chin  
Stress Management & Meditation Expert

Kelvin Chin is a stress management and meditation expert. He has been teaching meditation worldwide for over 40 years.

Kelvin taught the first meditation courses at West Point Military Academy, and in the U.S. Army on the DMZ in Korea. While in Korea, Kelvin had a GS-11 rating and taught as a consultant to the military by invitation of the Pentagon. When the U.S. Air Force heard he was teaching there, they requested that he teach on their bases in Korea as well.



He has continued to work with veterans, their families, and contractors who have returned from working in war zones. Kelvin has also worked with Gold Star families. Kelvin's family has many military ties, including his father's service in the Pacific theatre during World War II as a captain in the U.S. Army Air Corps.

Kelvin's clients report relief from panic attacks, PTSD, hypervigilance and anxiety, and better overall health and well-being. They experience accelerated healing not only from physical injuries, but also the emotional wounds that often accompany them.

Here's his history: Kelvin learned Transcendental Meditation (TM) at age 19. Kelvin taught TM for about 10 years and was an international leader in that organization. Since then, Kelvin has removed all cultural trappings from that teaching and practice, and has made the technique even more effortless and

flexible, so it even more easily fits into our busy daily lives. He calls his technique “Turning Within” Meditation.

Kelvin is a graduate of Dartmouth, Yale and Boston College Law, and formerly held senior business roles in global law firms before changing his focus to working full-time with his nonprofits.

He has lived in 8 countries, and currently lives in Los Angeles teaching meditation worldwide via videoconference, phone and in-person.