Kelvin Chin Executive Director Overcoming the Fear of Death Foundation www.overcomingthefearofdeath.org

SPEAKER INTRO AND TALK SUMMARY

TITLE:

"Overcoming the Fear of Death

- Through Each of the 4 Main Belief Systems"

(50-minute to 2-hour Keynote or Training)

GUEST SPEAKER:

Kelvin Chin
Author of "Overcoming the Fear of Death"



ARE YOU AFRAID OF DEATH?

What is death? Is it the end, the beginning, or a transition? Why are we so afraid of death? After all, death is inevitable.

"Overcoming the Fear of Death: Through Each of the 4 Main Belief Systems" helps us reduce and overcome our fears without changing our beliefs about death, religion, or God or no God.

This talk is for:

- The Devout, the Agnostic, and the Atheist
- · Baby Boomers, Gen X'ers, and Millennials

Because the fear of death affects us all...regardless of age, religion, culture, or gender.

- Are you ready to release yourself from the limiting effects of the fear of death?
- Are you ready to free up your mental, emotional and physical energy?
- Are you ready to live life more fully?

In this session you will discover:

- The 4 Main Belief Systems About Death that cover all religions and cultures
- · How to overcome your fear of death through your own belief system
- How to reduce your fear if you have the "Fear of Continued Existence"
- · Compassion for other people's beliefs about death

KELVIN'S BIO FOR PRINT

Kelvin H. Chin is the Executive Director and Founder of both the Overcoming the Fear of Death Foundation and the nonprofit <u>TurningWithin.org</u>. He is the author of *Overcoming the Fear of Death: Through Each of the 4 Main Belief Systems*.

Working with audiences on death and dying issues since the 1980's, Kelvin has taught numerous seminars for the healthcare industry, was a state-certified Long Term Care Ombudsman for the California Department of Aging, and a co-founder of the Center For Medical Ethics and Mediation.

Bringing greater clarity to his client's thinking in their personal and business life is something Kelvin has applied throughout his 40-year career, including teaching meditation worldwide to more than 1,000 people since the 1970's in schools, businesses, the U.S. Army and at West Point. Kelvin also formerly held CMO roles at AmLaw100 law firms, and was a VP for the American Arbitration Association.

Kelvin was born in Boston, raised in Norwood, Massachusetts, and has since lived and worked in 6 countries. He has delivered more than 2,000 presentations worldwide.

While at Dartmouth College, he studied at the Université de Strasbourg, France. He is a graduate of Dartmouth, Yale Graduate School and Boston College Law School, and is the father of two artistically talented children.

"Kelvin taught the best in-service training we ever had!" ~ Addus Home Healthcare Aide

"Kelvin is able to take complex subjects and crystalize them with sensitivity to cross cultural issues and human nature. He also weaves philosophy and science into a personal narrative in a way that is entertaining while also educational. I give Kelvin my highest recommendation."

~ Ericha Hitchcock Scott, PhD, Licensed Clinical Counselor

"One of the most interesting takeaways from Kelvin's discussion is that it's possible to avoid fearing death regardless of your present belief system about it, and independent of your spiritual background (or lack thereof)."

~ Nancy Van Iderstine

"Kelvin is an amazing speaker, not merely because he can explain difficult issues in a clear, interesting, sometimes humorous way, but mainly because he has a gift of connecting with each member of the audience in a way that is unique to each of them. This enables Kel to 'touch' the listener at a very deep level, so the information gets absorbed and understood...not just intellectually but also at deep emotional levels."

~ Kenneth Jedding, LCSW, Psychotherapist

INTRODUCING KELVIN CHIN

If you've wondered how to overcome your fear of death, today is your chance to start moving past that fear forever. If you've wanted to live your life more fully, free from the limiting effects of fear, then you'll be glad you came (tuned in) today!

Let me introduce you to – Kelvin Chin – the Executive Director and Founder of the Overcoming the Fear of Death Foundation and the Author of Overcoming the Fear of Death – Through Each of the 4 Main Belief Systems.

Kelvin will help each of us look through the lens of <u>our own belief systems</u> today, and help us answer questions like:

- What is death?
- Is it the end, the beginning, or a transition?
- Why are we so afraid of it? and
- What can we do to overcome our fear of death?

Kelvin is a graduate of Dartmouth, Yale, and Boston College Law School. In his former life, he was a corporate and legal services executive working with Fortune 500's and law firms, and he taught the first meditation courses at West Point and in the U.S. Army on the DMZ in Korea. He has spoken to more than 2,000 audiences worldwide and has now helped people in more than 20 countries reduce and eliminate their fears of death and dying.

Welcome....Kelvin Chin